

# Physiotherapy UK 2021 Student Poster Abstract Awards

## Submission guidance

Physiotherapy UK 2021 will take place on Friday 5 and Saturday 6 November using a virtual avatar based platform provided by Virbela.

The comprehensive programme offers physiotherapy practitioners, educators, managers, researchers and students from a wide range of backgrounds a collaborative learning opportunity to hear about advances in physiotherapy, engage in discussions, and share knowledge and expertise in the pursuit of demonstrating the value and impact of physiotherapy.

To showcase the latest evidence, innovations and leadership, the Chartered Society of Physiotherapy (CSP) is inviting abstract submissions from Higher Education Institutes (HEIs) for the annual student poster awards. The winning student (lead) author will receive a prize of **£300**. The second placed student (lead) author will receive **£200**. The winning and second place lead authors will receive a ticket to the conference.



*Thank you to James Hallam Ltd, this year's sponsors of the student awards.*

*Please read the following information carefully before emailing your submission form.*

### Timetable:

- |                          |                         |
|--------------------------|-------------------------|
| • 27 April 2021          | Submission opens        |
| • 29 July 2021 (5pm)     | Submission deadline     |
| • Week of 31 August 2021 | Notification of outcome |

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## About the Student Poster Awards

1. The competition is open to physio students on CSP accredited programmes who:
  - are due to graduate in the Spring/Summer of 2021
  - graduated after November 2020.
2. HEIs can submit one student poster abstract per qualifying programme (selected by the programme team). Entries not submitted on behalf of the HEI by the programme team will NOT be eligible for these awards.
3. Submissions must be emailed to [physiotherapyuk@csp.org.uk](mailto:physiotherapyuk@csp.org.uk) by **17.00 on 29 July 2021** or complete and submit by the deadline at [www.surveymonkey.co.uk/r/studentabstracts2021](http://www.surveymonkey.co.uk/r/studentabstracts2021)
4. The abstract must be based on the student's final year research study.
5. The abstract must relate to at least one of the programme themes (see below).
6. Prizes will be awarded to the lead authors only. The winning student author (or lead author, in the case of group submissions) will receive **£300**. The second placed (lead) student author will receive **£200**.
7. Authors of highly commended abstracts will be included in the conference programme and website.
8. The winning and second placed authors will need to produce a poster to be displayed at Physiotherapy UK.
9. The winning and second placed (lead) authors are encouraged to attend Physiotherapy UK in order to be available to answer questions from delegates.
10. Winning lead authors will also receive a free ticket to Physiotherapy UK as part of the prize.
11. Submissions already submitted for Physiotherapy UK's open call for abstracts can also be submitted for the student competition, if criteria is met.

## Conference themes

The Physiotherapy UK planning group invite proposals that address any of the four conference themes:

- **Evolving practice:** 2020 brought many challenges and opportunities to health care practitioners. Covid-19 changed the interface Physiotherapists had with health care seekers, resulting in many remote patient interactions, face to face contact in PPE and exposing the many health inequalities in the UK. 2020 also saw the further development of advanced practice and first contact physiotherapy roles, with additional guidance from the NHS on educational pathways leading to these roles. Physiotherapy MSK clinicians are evolving into more rounded, expert health care professionals, incorporating person centred care and extending traditional roles from out-patient settings into more diverse and integrated arenas. This theme explores the challenges of MSK care in a 'post-covid' world, with a focus on the evolution of the contemporary MSK Physiotherapy practitioner. *Delivered in partnership with the Musculoskeletal Association of Chartered Physiotherapists (MACP) and the Advanced*

*Practice Physiotherapy Network (APPN).*

- **Transforming provision:** With current healthcare drivers focusing on population health, including health inequalities and how and where is care is delivered, how do we understand patient expectations, preferences and needs in order to transform service provision, add value to the patient experience and ensure a workforce fit for purpose? How do we best promote public health and self-efficacy? This theme explores patient's experiences, the use of data collection and service delivery models within the independent and private sectors to understand how care provision is changing along with the challenges and opportunities faced within this sector. *Delivered in partnership with Physio First.*
- **The rehab challenge:** This theme explores how current evidence demonstrates that rehabilitation works, it explores the adaptations of models of care to support the growing community rehabilitation agenda. It also looks at current drivers, including population health, which is shaping the changing rehabilitation pathways in acute and community settings and the impact of this on under and post graduate education, research, workforce development and planning. *Delivered in partnership with the Association of Chartered Physiotherapists in Respiratory Care (ACPRC) and the Association of Trauma and Orthopaedic Chartered Physiotherapists (ATOCP)*
- **Digital transformation:** The 2020 Pandemic led to rapid uptake and expansion in innovations and technology to help deliver patient care. This has led to the need to investigate how we best deliver care in the world post Covid19, how do we understand patient expectations, preferences and needs to transform service provision? How can we minimise health inequalities and promote public health and self-efficacy? This theme explores patient's experiences, service delivery models and clinical education to meet current workforce requirements. *Delivered in partnership with the Digital & Informatics Physiotherapy Group (DIPG).*

## Methodologies

Abstracts are invited using the following methodologies:

- Qualitative\*
- Quantitative\*
- Mixed methods\*
- Clinical audit
- Service evaluation and improvement
- Systematic review

\*Submissions with pending results will not be accepted.

Read more on how to categorise studies (whether relating to research, service evaluation, clinical audit, etc.) at [www.hra-decisiontools.org.uk/research/docs/DefiningResearchTable\\_Oct2017-1.pdf](http://www.hra-decisiontools.org.uk/research/docs/DefiningResearchTable_Oct2017-1.pdf)

## Presentation format

Selected abstracts will be presented in a virtual poster format (i.e. a report summarising information using brief written statements and graphic materials such as graphs, charts, figures and photographs). Full guidance on presentation will accompany the results of the abstract selection process. Posters accepted for display must be produced according to the CSP guidance issued to the successful authors. It is not possible to display posters that do not adhere to the guidelines.

Posters will be on display during exhibition hours and post conference. There will be an opportunity for presenters to answer questions about their poster to delegates. In addition, activities will be organised to promote posters and to encourage delegates to visit the poster display..

## Selection process

Submitted abstracts are considered via a blind review process by the Chair of the Abstract Moderation Group. Selection criteria is used to review and score all submissions. The Chair will select a winner and a runner-up. All submitters will be notified of the results by early September. See **appendix 1** for full selection and scoring criteria.

**Attendance at Physiotherapy UK is strongly encouraged** should your abstract be accepted for conference. Bookings should be made through the conference website [physiotherapyuk.org.uk](http://physiotherapyuk.org.uk).

## Submission guidelines

- Submissions must be made using the '2021 Student poster abstract submission form'
- Email your form to [physiotherapyuk@csp.org.uk](mailto:physiotherapyuk@csp.org.uk) or complete and submit by the deadline at [www.surveymonkey.co.uk/r/studentabstracts2021](http://www.surveymonkey.co.uk/r/studentabstracts2021)
- All subsequent correspondence regarding the abstract will be with the HEI contact and student abstract author. The presenting author must be named in the abstract but does not have to be the first named author.
- The submission form provides restricted space for data entry.
- Word count limits are indicated on the form. Please take time to check your submission carefully to make sure that your text is submitted as intended.

**Please note:** abstracts received **after the deadline, of 17.00 on 29 July 2021**, will not be accepted.

### Submissions must include the following:

- a) Title of abstract
- b) Names of presenter and co-authors
- c) Details of authors to include:
  - i. full name, organisation/institution, city and country, as you would wish it to appear in the programme

- ii. email and telephone for the HEI contact and student abstract lead author/presenter
- d) Relevance to conference theme(s)
- e) Brief biography of presenting author and photo (see photo guidance)
- f) Information concerning any presentations or publications of the work made prior to conference (see General information, point 13)
- g) Ethical review

This section is very important and many abstracts 'fall down' here. If you are undertaking research in health and social care, independent ethical review is a legal requirement. We expect each author to have abided by the requirements of their country/organisation.

It is recommended, for work based within the UK, that you use the [HRA decision-making tool](#) to confirm whether ethical approval was required or not. Further guidance and a definition of what constitutes research activity can be found via [the Health Research Authority](#). Please also view the [CSP's guidance on ethical approval requirements](#).

If ethical approval **was required**, the name of the ethics committee that gave approval, the date approval was given and any reference numbers should be provided. If ethical review **was not required**, please provide a clear rationale for this decision and explain how you checked this. If you used one of the decision tools above state this within your answer.

The completed abstract should cover the items shown below and not exceed 500 words. Abstracts will be included in the conference proceedings and must be structured using the following headings:

Heading	Notes
<b>Title</b>	
<b>Author(s)</b>	
<b>Purpose</b>	Research reports: What was the major reason for undertaking the project/sharing your activity? What was your aim and objectives?
<b>Methods</b>	What principles, methods / methodological approaches, materials did you use?
<b>Results</b>	What were your main findings from your analysis?
<b>Conclusion(s)</b>	Discuss your findings and what have you concluded from the study? What are your suggestions for future work?
<b>Impact</b>	What is the potential impact of the project? How will the results be implemented into physiotherapy practice / management / education / research / policy?
<b>Three key words</b>	Provide up to three words that describe your work and reflect at least one of the programme themes.
<b>Funding acknowledgements</b>	Please acknowledge all funding sources that supported your work. If the work was unfunded, please state this.

*No images, tables or graphs are permitted. References are not required*

## Requirements

1. Abstracts, presentations and posters must be submitted in English.
2. An abstract must be submitted for each proposed presentation.
3. The maximum word limit for each abstract is 500 words.
4. An abstract should be in line with at least one of the conference themes.
5. The presenting author is encourage to attend the conference and be available at the allocated presentation time.
6. All presentations must describe original work to which all the authors listed have made a significant contribution. Any reference to personal experience should be clearly labelled as such.
7. All abstracts and presentations must adhere to the use of “people-first” language. A person must not be referred to by disability or condition, and terms that could be considered biased or discriminatory in any way should not be used (e.g. use “person with a stroke” instead of “stroke patients”).
8. Any source of funding or support for the work being presented needs to be acknowledged.
9. Each abstract submission must indicate if the material has been or will be published or presented at another national or international meeting prior to Physiotherapy UK 2021. Abstracts for previously published or presented work will be considered only if they are unlikely to have reached the UK physiotherapy audience and if the authors take responsibility for providing any copyright clearance needed for inclusion in the event proceedings or other Physiotherapy UK 2021 publications.
10. Contributors should not use these sessions for marketing opportunities for new products, equipment or organisations, nor use the presentation time to speak badly of competitors’ products.
11. When completing the submission process the HEI contact will be asked to confirm that the presenting author has read and understood the requirements, consent and general information they are expected to fulfil.

## Consent, permissions and copyright

In submitting an abstract you must confirm that:

- you accept responsibility for the accuracy of the submitted abstract and understand that the content cannot be modified or corrected after the submission deadline and that it will be published exactly as submitted
- all co-authors are aware of and agree to the content of the abstract and support the data presented
- the HEI contact accepts responsibility as the main contact person for correspondence about the abstract and to share information with all authors about its status

- you have secured any copyright/permissions clearance required relating to any previous presentations, equipment or other material for inclusion in Physiotherapy UK 2021, its proceedings or other conference publications
- for all studies involving human participants or animal subjects, permission has been obtained from the relevant regulatory authority and informed consent given where appropriate
- anyone who is identifiable in the abstract and presentation has given their consent to be included
- the work is original, except for extracts from copyrighted works used with permission from the copyright holders, and that it does not infringe upon any copyright, proprietary, or personal right of any third party
- you have identified any potential conflicts of interest e.g. financial interest in products or processes described in the abstract, stock ownership, membership on an advisory board or board of directors, or other substantive relationships

*On behalf of all authors the HEI contact will confirm:*

- transfer of copyright of the symposium abstract/s presented at Physiotherapy UK 2021 to the CSP to publish electronically and in other formats (e.g. conference website, programme, print materials, the CSP's open access Innovations in Physiotherapy database). The author retains the right to publish their research elsewhere, or use the research for personal use or as part of their work, providing it does not compromise the CSP's copyright. The CSP does not assume any liability or responsibility for publication of any submitted abstracts.
- consent to have authors' names, affiliation and biographical material used in connection with the publication of the work

## General information

1. It is the author's responsibility to submit a correct abstract. Any errors in spelling, grammar or scientific fact will be reproduced as typed by the author.
2. Only one presenting author per paper is permitted, if selected.
3. Any changes to the presenting author must be emailed to [physiotherapyuk@csp.org.uk](mailto:physiotherapyuk@csp.org.uk). Changes will be incorporated into the final programme *if* there is sufficient time, but thereafter no further changes will be reflected in the programme.
4. Notification of outcome of the abstract review process will be sent to the HEI contact and student abstract author. The HEI contact is responsible for informing all co-authors about the outcome of the abstract's submission.
5. The scheduling of all presentations will be determined by the CSP to ensure best fit with the overall event programme. Any requests for specific dates and times cannot be considered. Similar abstracts in related topic areas will be grouped together for poster display. The final

decision as to which theme the submitted and selected abstracts are allocated is at the discretion of the CSP.

6. All submitted abstracts will be anonymised and peer reviewed without knowledge of the identity of the author(s).
7. Selection of abstracts will be based on how they are scored through the review process against the published criteria (see appendix 1).
8. The author(s) retain the right, after presentation at Physiotherapy UK 2021, to include the work in articles, books, or derivative works that he/she authors or edits provided said use does not imply the endorsement of the CSP.
9. All decisions of the CSP are final. This includes the format for which an abstract is accepted and the allocation to a conference theme.
10. Honoraria or payment of expenses will not be provided by the CSP for authors to present abstracts at Physiotherapy UK 2021.

## Acknowledgments

With grateful thanks to the 2019 Abstract Moderation Group, WCPT, ER-WCPT and the Council for Allied Health Professions Research for their contributions to the development of these guidelines. Thank you also to this year's award sponsors, [James Hallam Ltd.](#)

## Appendix 1 – Scoring Criteria

### Screening questions

1. Does the abstract fit with the theme? Yes / No\* (see: [www.physiotherapyuk.org.uk/conference/themes/](http://www.physiotherapyuk.org.uk/conference/themes/))
  - 1.1. \*If no please suggest a more appropriate theme. NB the final decision will be made by theme leads.
2. Was funding acknowledged Yes / No / N/A
3. Did this study require ethics approval from an ethics committee\*? Yes / No

\*For UK research in health and social care, independent ethical review is a legal requirement. If you are unsure if this study is research check [here](#)

- 3.1. If yes were approval details submitted Yes / No

- 3.1.1. If 3 = yes and 3.1 = No Should this abstract be reviewed regarding ethical approval by the Abstract Moderation Group?

Each criterion is scored out of a possible 3. The table below gives descriptions of the scoring system against each criterion

Criteria	Score 3:	Score 2:	Score 1:	Score 0:
<b>Do the aims and objectives make the purpose clear?</b>	The abstract describes clear aims and objectives that are appropriate to the topic/research question	Aims and objectives adequately explain purpose	Purpose is poorly explained	Purpose cannot be understood
<b>Do the methods/ analysis/ approach enable the questions to be answered?</b>	The abstract's methods/analysis/ approach are clearly explained, rigorous and appropriate to the topic/research question	Approach/analysis/m methods adequately explained and justifiable	Poor justification for approach/analysis/metho ds used	Little or no justification for the approach /analysis/methods used
<b>Have the data/ findings been interpreted appropriately?</b>	Data/findings are presented and interpreted with clarity	Data/findings presented adequately	Data/findings briefly presented but lack adequate detail	Data/findings insufficiently clear or misinterpreted
<b>Are the discussion and conclusions consistent with the data/findings?</b>	Findings of research/activity are discussed well, with clarity about strengths & weaknesses and messages/questions for discussion/further work clearly articulated	Findings of research/activity discussed with some interpretation and inference of further work	Poor explanation of findings of research/activity with poor inference of further questions/work	Findings of research/activity not explained
<b>What is the potential impact of the study and how well will it translate into physio practice?</b>	Study has significant potential impact and likely to be implemented widely	Study has some potential impact and likely to be implemented locally	Study has little potential impact and unlikely to be implemented	Study has no potential impact and no potential to be implemented